

Breakfast

Elementary & Childcare Breakfast Menu

Sample Month — Two-Week Cycles:

Monday

Granola
1% Milk or Yogurt
Fresh Fruit

Gorilla Munch
1% Milk
Fresh Fruit

Granola
1% Milk or Yogurt
Fresh Fruit

Gorilla Munch
1% Milk
Fresh Fruit

Tuesday

Healthy Muffin
String Cheese
100% Fruit Juice

Healthy Scone
1% Milk
Fresh Fruit

Healthy Muffin
String Cheese
100% Fruit Juice

Healthy Scone
1% Milk
Fresh Fruit

Wednesday

Cereal
1% Milk
Fresh Fruit

Granola
1% Milk or Yogurt
Fresh Fruit

Cereal
1% Milk
Fresh Fruit

Granola
1% Milk or Yogurt
Fresh Fruit

Thursday

Healthy Muffin
1% Milk
Fresh Fruit

Healthy Muffin
String Cheese
100% Fruit Juice

Healthy Muffin
1% Milk
Fresh Fruit

Healthy Muffin
String Cheese
100% Fruit Juice

Friday

Whole Wheat Bagel
Cream Cheese
Fresh Fruit
1% Milk

Whole Wheat Bagel
Cream Cheese
Fresh Fruit
1% Milk

Whole Wheat Bagel
Cream Cheese
Fresh Fruit
1% Milk

Whole Wheat Bagel
Cream Cheese
Fresh Fruit
1% Milk

Hot and cold cereal may be served in addition to the other items every day.